

## Changes to our Clinical Team

Those of you who have used the Surgery recently may have noticed a few changes within the team of Doctors. Dr Oliver and Dr Rahman have recently left and Dr Greening will be retiring at the end of August. We are sorry to see them leave, but wish them all well with their new ventures. You may still see them, as they have said they would help out if we need them to cover clinics.

We are pleased to welcome Dr Johnson-Ferguson and Dr Shakir to Parkwood Surgery. Both are very experienced Doctors and are settling in well. We have also employed Mr Owen who is a Paramedic and had decided to move from the Ambulance Service to General Practice and is well used to dealing with patients in emergency situations. With the changing way of the Health Service, we feel having a mix of different clinical staff will allow us to deal with the current and future demands in a better way.

Our two GP Registrars, Dr Zamir and Dr Bathia are also moving on. Dr Zamir has now completed his additional GP training and Dr Bathia is moving onto her next rotation of training, but will be back with us next year.

We are sure that you will all make all of the new Clinicians welcome when you see them.



### Partners

Dr T Fernandes

Dr J Brazier

Dr S Stier

Dr H Antscherl

Dr G Solomons

### Associates

Dr M Nicholas

Dr C Jensen

Dr D Franzmann

Dr C Greening

Dr S Murphy

Dr S DaSilva

Dr H Shakir

Dr J Johnson-Ferguson

### Registrars

Dr Rani Bathia

### Practice Manager

Mr C Neal

### Assistant Practice Manager

Miss K Day

### Patient Services Manager

Ms C Edwards

**CLOSED**  
(temporarily)

## Restriction on registering New Patients

As a Surgery, we recently applied to NHS England for agreement to temporarily close our Practice List for six months. What this means is that we are not accepting new patients registering with

us, apart from a few exceptions such as new patients moving into one of the nursing homes we look after or students returning from university.

The decision to apply for this was not taken lightly, as we are aware of the impact of those people moving close to the Surgery who want to register with the Surgery closest to them. However, we felt this request was appropriate for the Surgery and for our current patients.

The key reasons for making this request are:

We have had a few Doctors leaving due to retirement, moving away from the area or for family reasons. Like all surgeries around the area, we have been finding it difficult to recruit Doctors, as less of them are choosing General Practice. As per the above, we have been recruiting, but are still slightly below our desired level of Doctors.

The above has meant that we have needed to use more Locum Doctors to cover and, although they are all very good and well qualified Doctors, you do not get the continuity of care you get with permanent Doctors.

Also, our premises continue to be an issue in that it is not large enough to deal with the 17,500 patients we currently have. We have been looking for ways to resolve this and are in discussions with NHS England and Dacorum Borough Council, whom we lease the land from.

A knock on of the lower Doctor numbers is the impact this has on the waiting times for our existing patients and we did not want to see this go to times that we were not happy with and see this as a way to control this.

There is also the safety aspect that we will not compromise on and by asking Doctors to see more patients as well as doing more referrals, medication queries etc would put this at risk.

I trust that you will understand the reason for this decision and that it is in the best interest of our patients and the Surgery. We will review the position ahead of the expiry date and, if our situation has changed, we will reopen the list, but if not, we will ask for a further extension. If you have any questions about this please contact me.

Colin Neal, PM

## New: Additional GP appointments

Dacorum Extended Access launched on 30<sup>th</sup> June.

This is a new GP Service that will operate from 18h30-22h00 on weekday evenings, from 09h00-13h00 & 14h00-18h00 on Saturdays and from 09h00-13h00 on Sundays.

It is an appointments based Primary Care Service that will be staffed by local GPs at the West Herts Medical Centre and The New Surgery in Tring. Slots can be booked via our Reception Team; call 01442 250 117 to book an appointment.

# Update from Friends of Parkwood Surgery



The FPS Committee has been pretty busy in the last few months – so far in 2018 we have:-

Conducted two health talks: Our talk on stress, anxiety and depression in May attracted so many attendees that we had to split the group between two rooms! The Committee is considering running more talks on specific aspects of these subjects; please let us know if you are interested in attending.

The tremendous turnout means we are now trialling a larger venue for our events; this does mean we will be asking for donations to cover the hire charge.

Our July talk on Independent Living unfortunately clashed with a certain football match, but attendance was still good and we had very positive feedback from everyone there.

We have two more talks planned for this year; watch out for our posters and tweets!

Set up our Pilates Class: Expanding on our aim to encourage healthy living and gentle exercise, we have been working with Jo Regardsoe from The Fit Hut to set up a Pilates class especially for patients of Parkwood Surgery. Initial feedback has been very positive and there is scope for a second class to be arranged if there is sufficient demand. To find out more please visit [www.regardsoe-fitness.co.uk/pilates-parkwood-drive](http://www.regardsoe-fitness.co.uk/pilates-parkwood-drive) or call 07786 156 653.

Planned a Dance Class: See below – please get in touch if you are interested.

Spoken with patients: FPS Committee members have been in the Parkwood Surgery Reception area during June and it has been great to meet with you and hear your feedback and experience – this is what helps us determine our events and our work with the Practice.

We would like to meet more of you: should we be available in Reception more often or should we run a social event? Let us know!

New Membership Process: To comply with the new data protection regulation (GDPR) we have launched our new membership process. The new form provides a summary of how we use your data and can be downloaded from the Parkwood Surgery website.

If you would like to get in touch, you can email us, contact us via social media, speak with the Practice Manager or write to us care of Parkwood Surgery.

Contact FPS: Search for 'Friends of Parkwood Surgery' and visit us regularly to keep up to date.

	<b>@ParkwoodFriends</b> Follow us on Twitter for updates on FPS initiatives & activities, plus lots of information about a wide variety of medical conditions, fitness & healthy living tips, and recipes for healthy eating.
	<b>@FriendsofParkwoodSurgery</b> Find us on Facebook for updates on FPS initiatives and activities, plus links to other pages of general medical interest.
	<b><a href="mailto:friendsofparkwooddrive@gmail.com">friendsofparkwooddrive@gmail.com</a></b> Get in touch to suggest topics for our health talks, or how FPS can help you.

## Come along and find your inner Strictly!

Our Health Walks have been a great success, so how about taking the next step and joining one of our Friends' committee members, Yvonne for a gentle introduction to ballroom dancing, with a little bit of hip moving Cha Cha Cha on the side! Yvonne is an experienced dancer and is linked to a couple of the local dance schools.

We all know that exercise is great for your heart, your weight and all the things your lovely Doctor will have talked to you about, but more and more the positive benefits of dance are recognised for keeping that ageing brain healthy and increasing that 'happiness hormone' that makes getting up in the morning worthwhile.

So drop us an email – [friendsofparkwooddrivesurgery@googlemail.com](mailto:friendsofparkwooddrivesurgery@googlemail.com) - if you're interested, by the end of July if possible, so that we can get organised and get a class up and running in the early autumn. No experience necessary, partners would be great but not essential, dance shoes are optional and two left feet are more than welcome.

We know there are some of you out there who already know how super it is to waltz around the floor ... why not come along and help?

