

Thank
you



A message from Dr Peck

It is now six months since I retired and I now know why everyone who retires say that they don't know how they ever had time to work; I am busier than ever acting as a taxi driver for our children and pursuing my hobbies of photography (markpeck99 on Flickr) and woodturning. We also have rather a lot of animals that take a lot of looking after. I miss all of you, patients and colleagues, but not all the government diktats! I was very touched by all the good wishes and thanks (and presents) that I received from a lot of you on my retirement and would like to offer a very heartfelt thank you!

I miss you all and look forward to bumping in to you on my trips around Sainsbury's. Please do stop and say hello!

Very Best Wishes,
Mark Peck

The result of your recent test has been received. Please make an appointment with a doctor at your convenience. There is no cause for alarm.

Lab results via text messaging

Over the next few months we plan to roll out a brand new service, directly to your mobile phone.

Rather than having to ring up for your results and speak with one of our Receptionists, we aim to send the outcome of your test results directly to your mobile phone.

Initially, normal results that need no further action will be sent via text message, but once the service is fully up and running, we hope to provide it for all results.

For this to be effective, we really need to make sure that we have your correct mobile phone number linked to your medical records. If this is not the case, then please let us know so that we can make the necessary changes.

Hopefully, this will provide a more convenient service to you and ensure that you will not have to call the Surgery to chase the outcome of any tests you have undergone.

Dr Solomons



PLEASE RESPECT OUR STAFF

We know that we can all be a bit off when we are not well & can be a little less tolerant than usual. There has unfortunately been an increase in the number of incidents where patients have overstepped what is acceptable behaviour when dealing with our Staff. They do try to help patients and should not be subjected to some of the verbal abuse they have had to endure. As a Practice, we take this seriously and have adopted the NHS Zero Tolerance Policy. Please respect all of our staff, as failure to do so may result in us asking you to leave the Surgery. Colin Neal, PM



Partners

Dr T Fernandes

Dr J Brazier

Dr S Stier

Dr H Antscherl

Dr G Solomons

Dr P Oliver

Dr S Addala

Dr N Rahman

Associates

Dr M Nicholas

Dr C Jensen

Dr D Franzmann

Dr C Greening

Dr S Murphy

Dr S DaSilva

Registrars

Dr Sarvin Soltanieh

Practice Manager

Mr C Neal

Assistant Practice Manager

Mrs N Booth

Patient Services Manager

Ms C Edwards

FPS News Update 2017



The last few weeks have been particularly busy for the Friends of Parkwood Committee. Here's a roundup of what we have been up to.

Health Talk: Cardiovascular Disease and Healthy Living

Our talk on 25th April was very well attended, with over forty of you listening to Dr Stier explain the different types of cardiovascular disease, Dr Brazier encouraging us to include simple but effective exercise in our daily lives, and a British Heart Foundation representative, Dell Stanford explaining how to make healthy food choices to reduce the risk of heart conditions.

The feedback from this talk was so positive that the FPS Committee is hoping to invite Dell Stanford back to run another session on healthy eating. We hope to provide more details soon.

If you missed this talk but wanted to attend please contact FPS – we may be able to schedule the same talk on a different date. We also have handouts available at Parkwood Surgery Reception providing options to help you eat more healthily, increase your fitness and meet like-minded people – and have fun!

Next Health Talk: Living with the Menopause

This subject was requested by a number of patients and we are pleased to confirm that Dr Antscherl will be leading this session. Whether you want to know more about symptoms, self-help remedies or prescribed treatments, this talk is for you.

When: Tuesday 27 June 2017 at 7.30pm, at Parkwood Surgery.

Defibrillators

Defibrillators are used to give a high energy electric shock to the chest when someone is in cardiac arrest. It is an important piece of equipment – it is life saving.

With a defibrillator already available at the main surgery, FPS wanted to help secure additional devices for the two smaller branch surgeries. In 2016, the FPS contribution combined with a donation from Councillor Terry Douris funded a defibrillator for Gadebridge branch surgery.

In 2017, our Easter Raffle helped to raise over £560 towards the purchase of a further device for the Boxmoor branch surgery.

Thank you to everyone who supported our fund raising activity by either buying tickets or donating prizes.

FPS Health Walks

FPS does not just raise money to help buy important equipment: we also look for ways to help you stay healthy, active and independent. To this end, we have established a "First Steps" health walk designed for those who perhaps do not walk, cannot walk very far, or are recovering from an illness or surgery.

These walks are a gentle stroll around the local park, with trained leaders to ensure you are safe and looked after. Fancy joining us? You do not have to book onto this so just turn up.

Starts: Tuesday 30th May at 10am meeting at Parkwood Surgery and will take place every Tuesday thereafter through until August 2017.

And last but not least...

We email our newsletter to FPS members on a regular basis, but we have a significant number of delivery failures. If you are not receiving them, please confirm your email address to us at friendsofparkwooddrive@googlemail.com. You can also do this when you renew your membership in September/October.

If you have a few hours to spare and would like to join the FPS committee, help organise a specific event to raise funds or deliver improvements for Practice and patients, please get in touch via our email address.

Thank you